



## TREATMENTS

### MENU DE SOINS

PEDI-MANI-CURE STUDIO  
by Bastien Gonzalez



World's  
Best Nail Studio Brand



# BASTIEN GONZALEZ

is internationally famous for his unique approach to foot treatments. Due to his professional expertise and experience as a French Chiropodist, he designed and developed exclusive treatments for the feet, nails and hands whose uniqueness lies in the fusion of well-being and beauty. Bastien selects and trains every member of his team to his treatment protocols and standards, ensuring the excellence of his know-how all over the world.

Bastien Gonzalez est le spécialiste incontesté du soin du pied. Fort de son expertise professionnelle de pédicure podologue en France et dans le monde, il a très vite développé des soins exclusifs du pied, de l'ongle et de la main dont l'unicité repose sur la synergie entre soin, beauté et bien-être. Bastien sélectionne et forme tous les membres de son équipe à ses techniques de soin, garantissant la pérennité et la qualité de ses protocoles.



## Bastien's Duo

⌚ 75 minutes

This synchronized four hands treatment focuses on your feet, legs, hands and arms. The ultimate in manicure and pedicure luxury with total relaxation.

## Bastien's Pedicure

⌚ 60 minutes

An overall pedicure including a nail treatment (gentle buffing to restore the beauty of the nails which results in a healthy natural shine); followed with a skin treatment to eliminate hard skin and dryness; completed with a genuine massage from the toes up to the knees relieving any muscle tension and heaviness.

## Nail Brightness

⌚ 45 minutes

A foot treatment focusing on the beauty of nails, cuticles and light smoothing of the skin dryness. Nails are reshaped and buffed with chamois leather and a pearly buffering cream resulting in healthy, shiny and natural beauty to the nails. It ends with a relaxing foot massage.



## Bastien's Manicure

⌚ 45 minutes

An exceptional manicure in 3 steps: A cuticle and nail treatment, including a natural beauty finish to the nail and a thorough massage of the forearms, wrists, hands, and fingers. An unforgettable experience!

## Foot «Refoundation»

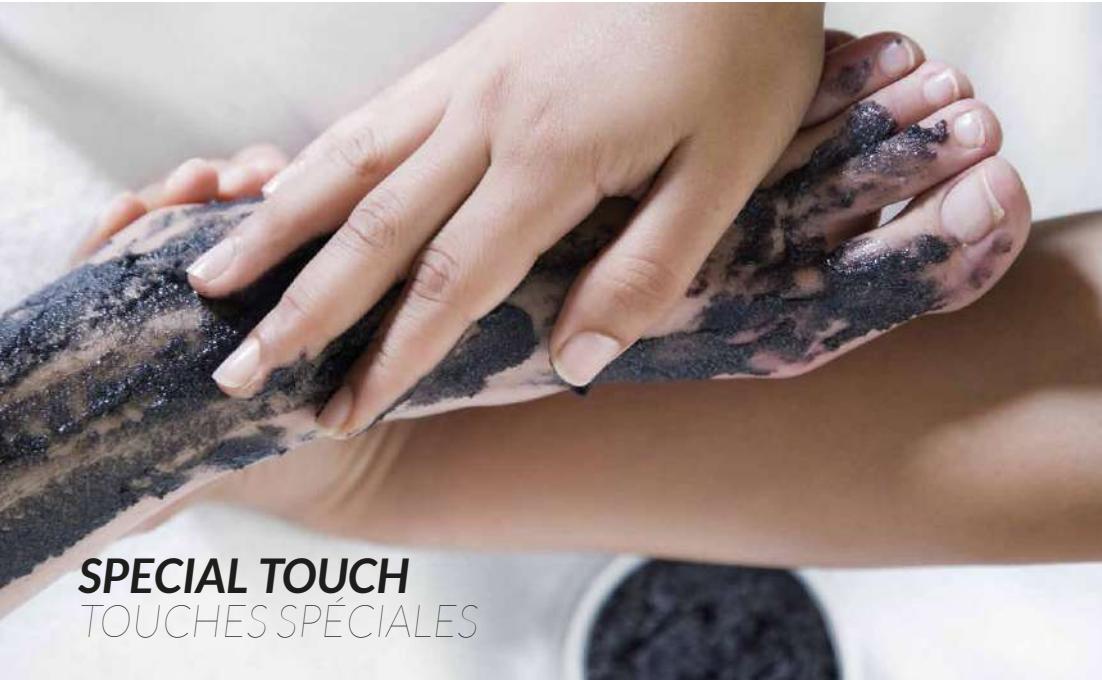
⌚ 35 minutes

**Foot massage.** A treatment designed for the total well-being of the feet and legs. Ideal for legs, heavy and tired after long flights, this truly relaxing massage is from the toes up to the knee, focusing on muscle tension, joint mobility, blood circulation, skin elasticity and the swollen soles of your feet. The preliminary exfoliation performed with the Black Diamond Scrub will ease the penetration of the cream used during the massage. The effects of its active ingredients are thereby being optimized.

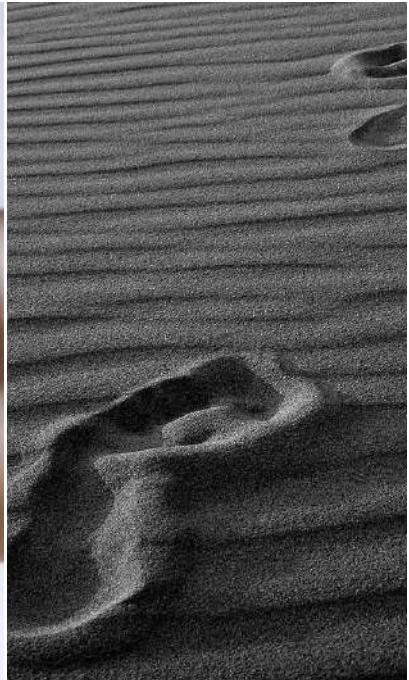
## Global Massage «Refoundation»

⌚ 35 minutes

**Foot and hand massage.** A completely soothing and calming massage: from the toes up to the knee, from the fingers up to the elbow, this four hands synchronized massage creates a light sensation to the whole body, relieves legs and arms from any muscle tension and heaviness. The wellbeing lies in two points: skin elasticity and optimum mobility.



## SPECIAL TOUCH TOUCHES SPÉCIALES



### Paraffin Touch

⌚ 20 minutes

Intensify any of Bastien Gonzalez treatments by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturisers into the skin for deep hydration. It will enhance relaxation and ease tension in the joints and muscles..

### French Colour Touch

⌚ 30 minutes

A white line is applied on the nails tip, followed by a natural soft pink lacquer to the whole nail resulting in the perfect French paint. Includes nail reshaping.

### Colour Touch

⌚ 20 minutes

Select your preferred colour from our range of lacquers, which are formaldehyde, toluene, DBP and Camphor free to prevent from any aggression to the nail once removed. Includes nail reshaping.

### Black Diamond Scrub Touch

⌚ 10 minutes

Elevate your Pedicure or Manicure by adding on the Black Diamond Touch. This mineral foaming scrub, permits a vigorous natural exfoliation, aiding the removal of dead skin cells and leaving it smooth and silky. Essential oils of Thyme and Sage contribute to maintaining healthy and elegant feet and hands.

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[www.bastiengonzalez.com](http://www.bastiengonzalez.com)