

**THE SPA** treatments and products are inspired by the concept of Ramuan and traditional Malay healing, and are handmade with natural and organic ingredients. Ramuan is a blend of plants selected and mixed to create pleasing or healthful effects in the preparation of food or the creation of herbal medicines. Malays believe that outer beauty is a reflection of inner health and harmony and incorporate the healing plants and herbs found in the rainforest; adopting age-old traditions and philosophies of the Malay culture.

The spa treatment journeys and product lines are based on The Datai elements ranging from the forest, mangrove and ocean hence all-encompassing and extended into healing walkways within the spa incorporating the Ramuan elements as a sensory journey.

**We are created to live in harmony with nature.**

*All spa journeys start with a 15-minute foot soak and Malay herbal tea inducing relaxation; the 15-minutes after the journey allow you to slowly reconnect with nature to awaken your senses.*



## RAMUAN JOURNEYS



### Seaweed & Pearl

3.5 hours

A spa experience inspired by The Andaman Sea with ingredients such as seaweed and pearl; nature's perfection in a luminous droplet renews and revitalises external radiance. These treatments include a floral bath immersion, coconut and tamanu hair treatment, pearl and rosehip facial, pearl and seaweed body exfoliation and mask, and conclude with an aromatic full body massage and body serum to lock in moisture.

### Mangrove

3.5 hours

Inspired by the diverse healing elements of the rainforest mangroves, the treatments include a riverside bath immersion, detoxifying mangrove carbon body exfoliation and mask, mangrove pandan leaf and coconut hair treatment, a full body massage completed with a pearl and rice beads (bedak sejuk) facial.

### Romance

4 hours

A ceremonious journey of discovery with the traditional Malay Mandi Bunga (Flower Bath) ceremony and indulgence of flowers and spices from Langkawi's rainforest. This enchanting journey focusses on this traditional healing ceremony with blessings of purity, sincerity, health, beauty, happiness, prosperity and longevity. Enjoy a rainforest floral bath, body exfoliation and mask, massage, facial and body serum. This spa experience concludes with a glass of champagne and light refreshments.

### Celebration of Self

3.5 hours

Inspired to reconnect with your unique magnificence, select a choice of floral or spiced elements from The Datai rainforest. The experience includes a riverside bath immersion, body exfoliation and mask, hair treatment, full body massage and moisture locking body serum. The spa experience concludes with a glass of champagne and light refreshments.

## RAMUAN A LA CARTE

### RAMUAN SKIN CARE

#### Seven Flowers

**60 minutes**

A customised facial for all skin types with essential ingredients such as pomegranate seed oil, tamanu oil and scented ground rice beads (bedak sejuk) to hydrate and restore skin to its natural lustre.

#### Seaweed & Pearl

**60 minutes**

Opulent facial designed to hydrate and brighten your skin with a face mask of pearl and scented ground rice beads (bedak sejuk) and frankincense, geranium and rosewood face serum.

### RAMUAN BODY CARE

#### Seaweed & Pearl

**60 minutes**

An Andaman Sea inspired full body exfoliation and mask designed to re-mineralise and brighten your skin with ingredients such as black glutinous rice, wheat and seaweed.

#### Mangrove

**60 minutes**

A detoxifying and invigorating full body exfoliation and mask with elements such as mangrove-activated carbon, mangrove sugar and cajuput leaves.



## MASSAGE A LA CARTE

Massage is therapeutic touch. It has always been part of healing, both physical and emotional. When massage is combined with essential oils, numerous benefits are possible. Massage and essential oils will improve circulation and lymphatic drainage and aid in the elimination of tissue wastes. The scents of the essential oils can bring peace and tranquillity as well as mental awareness. Massage with essential oils will open and increase the flow of energy, balancing the entire nervous system and helping to release physical and emotional disharmony.

### **Synchronised Massage**

**60 minutes**

A dynamic style to dissolve deep muscle tension and soothe the spirit. Two therapists work in synchronised movements using a variety of massage techniques from around the globe including Japanese Shiatsu, Ancient Balinese, Traditional Thai and Hawaiian Lomi-Lomi.

### **Tungku Batu**

**60 minutes / 90 minutes**

Our signature treatment, Tungku means “Heart of Stone” and refers to the ancient heated stone treatment used by Malay healers for its ability to reduce pain and increase blood circulation. A river stone is heated with a selection of rainforest herbs and applied to muscles and pressure points. A massage using an oil infused with ginger, lemongrass, cinnamon, star anise, clove, lime, galangal, fennel and coriander seeds completes the experience.

### **Kuat Massage**

**60 minutes / 90 minutes**

A deep tissue massage using carefully blended oils, strengthening pressure points with friction techniques to release deep seated tension, toxins and increase circulation.



**Sedarhana Massage****60 minutes / 90 minutes**

An oil-free treatment focusing on pressure points, slow and deliberate stretches to stimulate the muscles and align the body's energy meridians.

**Lembut Massage****60 minutes / 90 minutes**

A light yet profound massage using blends of relaxing herbal oils, healing techniques and long soothing massage strokes to bring a sense of calm and nourishment to your being.

**Sari Selesa Massage****60 minutes**

A medium pressure massage coupled with an aromatic blend of oils to calm, comfort and revive after a long journey.

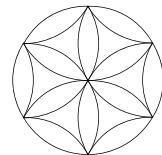
**Tapak Tegas****60 minutes**

Reviving foot and leg massage with firm pressure to stimulate the reflex points in the feet. Float into deep relaxation for a divine sense of balance and well-being.

**Sri Pertiwi (Prenatal)****90 minutes**

Gentle, relaxing and soothing aromatic massage for expectant moms with essential oils of lavender and mandarin.





# Holistic Harmony

Lemotional CERTIFIED  
for The Datai Langkawi



The philosophy of beauty through health  
is complemented by the unique fusion of nature and science  
to deliver the ultimate equilibrium  
of inner wholeness and external radiance.

# Holistic

Lemotional CERTIFIED  
for The Datai Langkawi



Beautifully integrated into the backdrop of an ancient rainforest,  
along a winding stream, enveloped by the tranquil sights,  
meditative sounds and subtle scents of the jungle,  
The Datai Spa offers an immersive and therapeutic experience  
to relax, rejuvenate and reconnect with nature.

# Harmony

Lemotional CERTIFIED  
for The Datai Langkawi



## Holistic Harmony Master Treatment

Reach your highest level of wellness and natural beauty  
through this harmonising face treatment.

A transformational journey integrating ancient traditional Chinese medicine  
with quantum healing techniques.

Colour therapy enhancing your personal emotional state

Quantum certified serums balancing the energy of your skin and body

Bio stimulation of your feet and hands nurturing your body's self-healing

*90 min*



## The Langkawi Origins

Adapt yourself to Langkawi time zone, climate and energy and reconnect with your mind, body and energy in perfect harmony.

Quantum abdomen massage to release emotions

Quantum face and scalp massage

Energetic stimulation of the feet and the hands

*60 min*



## The Fountain of Youth

Experience a lasting glow and radiant complexion  
with a deeply hydrating quantum face treatment  
adapted to your skin.

Energetic drainage designed to purify your skin

A reviving eye contour treatment

Serenity algae mask to soften fine lines and wrinkles

*60 min*



## THE SPA PRICE LIST 2019

### RAMUAN JOURNEYS

Seaweed & Pearl	3 ½ hours	MYR 1,850
Mangrove	3 ½ hours	MYR 1,850
Romance	4 hours	MYR 4,200
Celebration of Self	3 ½ hours	MYR 1,900

### HOLISTIC HARMONY

Holistic Harmony	1 ½ hours	MYR 900
The Fountain OF Youth	1 ½ hours	MYR 650
The Langkawi Origin	1 ½ hours	MYR 650

### RAMUAN BODY CARE

Seven Flowers/Spices	1 hour	MYR 550
Seaweed & Pearl	1 hour	MYR 550
Mangrove	1 hour	MYR 550

### BASTIEN GONZALEZ

Bastien's Duo Treatment	1 hour	MYR 780
Bastien's Pedicure	1 hour	MYR 520
Bastien's Manicure	45 min	MYR 390
Nail Brightness	45 min	MYR 380
Foot "Refoundation"	35 min	MYR 290
Global Massage "Refoundation"	35 min	MYR 400
Paraffin Touch	20 min	MYR 180
Black Diamond Touch	10 min	MYR 80
Color Touch	20 min	MYR 160
French Colour Touch	30 min	MYR 180

### A LA CARTE MASSAGES

Synchronised Massage	1 ½ hours	MYR 1200
Tungku Batu	1 ½ hours	MYR 780
Kuat Massage	1 / 1 ½ hour	MYR 520/ MYR 780
Sedrahana Massage	1 / 1 ½ hour	MYR 520/ MYR 780
Lembut Massage	1 / 1 ½ hour	MYR 520/ MYR 780
Sari Selesa Massage	1 / 1 ½ hour	MYR 520/ MYR 780
Tapak Tegas	1 / 1 ½ hour	MYR 520/ MYR 780
Sri Pertiwi (Pregnancy)	1 ½ hours	MYR 780

